

AKIELE, INC. invites you to a life-changing **SPIRITUAL RETREAT** for women

*“Prayer, Passion
and Possibilities”*

November 18 – 20, 2011

Mt. Alvernia Retreat House, Wappinger Falls, NY

COST*: \$275 Single - \$250 Double

**Includes meals, room & board, activities, and all retreat materials.*

GO TO THE WEBSITE FOR 2 WAYS TO SAVE ON YOUR REGISTRATION!

Do you feel your life has run out of options?
Do you seek heavenly interference with daily struggles?
Have you taken a detour from your “divine purpose?”

END THE STRUGGLE!

Join Executive Life Coach Marsha Haygood
for a weekend that can change your life!

PRAYER is a sacred conversation between you and The Universal Source of All Good Things. It is an invitation to heavenly interference to make all things right. Prayer is transformative. It empowers you to positively respond to life's challenges.

Your **PASSION** deserves your undivided attention. It gives you the energy to greet each day with joy and enthusiasm. No alarm clock here! It is an intense emotional response that fuels your life-purpose.

Unrestricted **POSSIBILITIES** are the direct result of answered prayers and channeled passion. It lets us know that ANYTHING can be accomplished if it is in keeping with our divine purpose.

Prayer ... Passion ... Possibility ... Together they are the God-stuff that allows us to live a life of Power and Prosperity.

This retreat will blend personal reflection, group activity, and fun along with Marsha's personal experiences and proven strategies for living out loud.

Akiele, Inc. is a nonprofit organization whose mission is to “TEACH and EMPOWER people of the African Diaspora to adopt healthy life skills.” In the past, Akiele has sponsored programs with Susan L. Taylor, Iyanla Vanzant, Ruby Dee, Leroy Campbell, Atallah Shabazz, Terrie Williams, KEM and Malaak Compton Rock just to name a few.

Akiele has been sponsoring spiritual retreats for women since 1989. Since that time, more than 1,600 women from as far away as Seattle to Miami have come to our more than 45 retreats.

Group activities include: meditations, a candle light meeting, healing circle, small group workshops, dance therapy, and affirmations.

Mt. Alvernia – www.mtalvernia.org – is 90 minutes north of NYC, and is easily accessible by public transportation from Manhattan.



About the Facilitator

MARSHA HAYGOOD www.stepwiseassociates.com is a successful author, Executive Life Coach, and empowerment specialist. She is the Founder and President of StepWise Associates, LLC, which offers professional and personal guidance to individuals, corporations and small business owners through Coaching and motivational speaking. Through her 25+ years as a Human Resources Executive, including her last corporate position as the Executive Vice President of Human Resources at New Line Cinema, Marsha has crafted a program which offers personal and professional success strategies. Marsha facilitates the journey to greater self-awareness. The result is empowered lives and healthier relationships.

Marsha's voice can be heard in executive boardrooms and Power seminars across the country. She is a highly sought after national speaker, sharing the stage with some of the country's most illustrious personalities. Several major media outlets have picked up on Marsha's success strategies for living a purpose-driven life.

Marsha was featured in the book, "Speaking of Success" along with best-selling authors Stephen Covey (*Seven Habits of Highly Effective People*), Ken Blanchard (*One Minute Manager*) and Jack Canfield (*Chicken Soup for the Soul*). Marsha is also the co-author of "The Little Black Book of Success: Laws of Leadership for Black Women."

Marsha has a passionate belief in the untapped power of human potential. It is the life-force behind her work. Marsha's personal experience gives her a unique ability to connect with those desiring to overcome their own disempowering thoughts and self-destructive behaviors.

"What is a Life Coach?"

To put it simply, Coaching is THE ART OF TAKING ACTION! Where counseling and therapy focus on processing emotions & feelings, Coaching focuses on taking corrective action to achieve your desired outcome. It is the perfect antidote to all those who procrastinate ... who stagnate. No more excuses! A Coach insists on personal accountability. Marsha's clients have achieved goals they've been putting off for years! A good Coach inspires you to outgrow your past, and a life that has become too small. Marsha is a good Coach!

Share this flyer with a Sisterfriend!

This is our 49th retreat. It promises to be a time of personal growth, spiritual renewal and GLORIOUS FELLOWSHIP!

FOR FURTHER INFORMATION CONTACT:

KIMM McNEIL

Akiele, Inc. P.O. Box 1339, Yorktown Heights, NY 10598
(914) 749-9013

Register online at www.akieleinc.com

REGISTRATION FORM – FILL OUT SEPARATELY FOR EACH REGISTRANT!

Make MONEY ORDERS payable to: AKIELE, INC. Checks accepted until **NOVEMBER 4, 2011**

NO CHECKS ACCEPTED AFTER THAT DATE

Deposit in the amount of **\$100.00** will guarantee your space. **Early-birds that register before OCTOBER 14th save \$20.00 on a double room.** Other ways to save are on the website.

After November 11th, THERE WILL BE NO REFUNDS.

Amount sent \$ _____ **BALANCE DUE IN CASH UPON ARRIVAL.** Diet Restrictions? _____

NAME _____ Akiele Member _____

ADDRESS _____

PHONE Home _____ Cell _____ E-mail _____

Single _____ Double _____ Roommate's Name _____